



# Start limbering up!

## Sport Relief is back and it's coming to SWANLAND

The Sainsbury's Sport Relief Mile is back – and it's coming to Swanland! The village is set to host its first ever Sainsbury's Sport Relief Mile on Sunday 25<sup>th</sup> March, and needs local people to come together and show their support by entering now at [www.sportrelief.com](http://www.sportrelief.com). As one of the UK's biggest fundraising events, Sport Relief brings the entire nation together to get active, raise cash and change lives – so it's time to dust off those trainers and enter right now.

Setting off from Swanland Playing Fields, West Leys Road the Swanland Mile will pass through and take in the sights of the park and the village and is set to be a great event. Entrants don't have to be sporty to take part, but can choose to complete 1, 3 or 6 miles knowing that all the money raised will help to change the lives of people living unimaginably tough lives right here on our doorstep, across the rest of the UK and in some of the world's poorest countries.

From teeny-tots with their mums, dads and Grandparents, to super sprinters up against the clock there's something for everyone on the big day. This is the first Sainsbury's Sport Relief Mile in Swanland and it's set to be a great event. So come on, pull your Sport Relief socks up, enter the Mile and do something amazing!

To enter the Swanland Mile visit [www.sportrelief.com](http://www.sportrelief.com), enter your postcode and select 'The Swanland Mile'.

**For more information contact: [swanlandpfa@gmail.com](mailto:swanlandpfa@gmail.com)**

**Please note Parking at the playing fields is very limited, please walk if you can**