People of Swanland to walk and run themselves proud for Sport Relief

The Sainsbury’s Sport Relief Mile is back – and it’s coming to Swanland. The Village is set to host its third Sainsbury’s Sport Relief Mile on Sunday 20th March, and needs local people to come together and make themselves proud by entering now at: www.sportrelief.com

Local heroes from all over the East Riding will be walking and running themselves proud during the Sainsbury’s Sport Relief Mile to raise life-changing money for Sport Relief 2016.

The colourful, cheerful and eager Milers will be doing their bit to make a difference to people living across the UK and the world’s poorest communities.

Setting off from Swanland Playing Field. The Swanland 1 mile will start at 9.30 and the 3 & 6 Mile will start at 10am and follow a route through Swanland Village, it is set to be an incredible event.

From little ones with their mums and dads, to runners up against the clock there’s something for everyone to make themselves feel proud on this special day.

Sport Relief is back on Sunday 20th March 2016 and there are more ways than ever for you to take part, change lives and feel proud.